



Summer Bridge Schedule

August 10th - 14th, 2025



Sunday, August 10, 2025

<i>Time</i>	<i>Location</i>	<i>Activity</i>	<i>Description</i>
12:00 PM	Residence Halls	Move-In	Students living on campus can move into their residence hall starting at noon. Commuter students partaking in Summer Bridge can join us at 4:30 PM. Park at Hogan Hall.
4:30 PM	Benedum 100-TRIO SSS Lobby	Summer Bridge Kick-Off	Join us in the TRIO SSS Lobby for the official start to our bridge program before dinner!
5:15 PM	Benedum 100-TRIO SSS Lobby	Depart	Depart campus for dinner paid for by TRIO SSS
5:30 PM	Little Sicily	Dinner	Dinner at Little Sicily
7:00 PM	Benedum 100	Game Night	Join TRIO SSS Staff and Peer Mentors for Game Night!
9:00 PM	Hogan Hall		Wrap up

Monday, August 11, 2025

<i>Time</i>	<i>Location</i>	<i>Activity</i>	<i>Description</i>
8:30 AM	Benedum 100	Breakfast	We will provide breakfast in the office.
9:30 AM - 10:30 AM	Life Sciences 200	English Bootcamp	
10:45 AM	Benedum 100	Career Assessment & Career Closet	Complete a Career Assessment and explore the Career Closet with Director of Career and Professional Development, Susan Wood
11:30 AM	Benedum 100	Lunch	<i>Catered lunch in the TRIO SSS Office (Chick-fil-a)</i> <i>Lunch Topic: "What Are Your Career Goals"</i>
1:00 PM – 2:30 PM	Life Sciences 200 & 208	Math Bootcamp	
2:45 PM	Benedum 100	Microwave Cooking	Learn how to make healthy microwave meals with Janie & Jake! Take home your own cookbook!
4:00 PM	Chocolate Moose	Putt-Putt Golf	Join TRIO SSS Staff for a round of putt-putt
5:45 PM	Campestre	Dinner	Dinner at Campestre

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Tuesday, August 12, 2025

<i>Time</i>	<i>Location</i>	<i>Activity</i>	<i>Description</i>
8:30 AM	Benedum 100	Breakfast	TRIO SSS will provide breakfast.
9:30 AM - 10:30 AM	Life Sciences 200	English Bootcamp	
10:45 AM	Benedum 100	Time Management	Join TRIO SSS Staff to learn about Time Management skills
11:30 AM	Black Circle Bistro	Lunch	<i>Lunch at Black Circle Bistro</i> <i>Lunch Topic: "What Are Your Hopes for College?" with Dean Emily Sands</i>
1:00 PM – 2:30 PM	Life Sciences 200 & 208	Math Bootcamp	
2:45 PM	Hogan Hall	Depart Campus	Meet in Hogan Hall parking lot to depart campus to travel to New River Gorge Bridge Walk.
3:30 PM	Fayetteville	NRG Bridge Walk	Walk under the bridge & learn about this engineering marvel in our backyard for FREE. Alternate evening activity is a casual hike.
5:45 PM	Fayetteville	Dinner	Dinner at Pies & Pints

Wednesday, August 13, 2025

<i>Time</i>	<i>Location</i>	<i>Activity</i>	<i>Description</i>
8:30 AM	Benedum 100	Breakfast	TRIO SSS will provide breakfast.
9:30 AM - 10:30 AM	Life Sciences 200	English Bootcamp	
10:45 AM	Benedum 100	Strengths Assessment	Join Janelle Williams and discover your strengths by completing the Clifton Strengths Assessment
11:30 AM	Benedum 100	Lunch	<i>The TRIO SSS program will provide a catered lunch (Panera) in the TRIO SSS Office.</i>
1:00 PM – 2:30 PM	Life Sciences 200 & 208	Math Bootcamp	
2:45 PM - 3:30 PM	Life Sciences 200	Wellness	Jennifer Paugh—Stress Management
3:45 PM	Pottery Place	Painting	Get creative with painting at The Pottery Place.
5:30 PM	Chili's	Dinner	<i>Dinner at Chilis.</i>

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Thursday, August 14, 2025

<i>Time</i>	<i>Location</i>	<i>Activity</i>	<i>Description</i>
8:30 AM	Benedum 100	Eat breakfast	TRIO SSS will provide breakfast.
9:30 AM – 10:30 AM	Life Sciences 200	English Bootcamp	
10:45 AM	Benedum 100	Effective Mindset Strategies for Success	Learn about strategies for success with Assistant Dean of Students and TRIO SSS Director, Scott Robertson.
11:30 AM	Pizza Hutt	Lunch	Pizza Hut Buffett <i>Lunch Topic: "Preparing for Your First Semester" with TRIO Staff</i>
1:00 PM – 2:30 PM	Life Sciences 200 & 208	Math Bootcamp	
2:45PM — 3:45PM	TRIO SSS Lobby	Alumni/Student Panel	-Current TRIO SSS students and graduates will talk about their college experience and answer any questions you may have -Schedule your first meeting with TRIO SSS!
4:00 PM	Beckley	Exhibition Coal Mine	Ride through the passages of a vintage underground coal mine!
5:30 PM	Buffalo Wild Wings	Dinner	Dinner at Buffalo Wild Wings

Program Phone Number: 304-929-1293

Program E-mail Address: Tech-SSS@mail.wvu.edu

All meals and evening activities are free for program participants. Schedule is subject to change.